

# The Natural Wonder

April 1, 2019

## Upcoming Dates

April 1<sup>st</sup> Teacher Grade Prep Day

April 2<sup>nd</sup> First Day of Quarter 4

April 3<sup>rd</sup> Math Day 9:00-11:00 AM

April 15-19<sup>th</sup> Spring Break

May 10<sup>th</sup> Botanical Gardens Field Trip

## Spring Break

Spring Break is a great time to continue practicing skills learned at school! Please be sure to read with your child each night to practice fluency and comprehension skills. Dreambox and Reflex Math are great ways to get some extra math practice. These programs adapt to each individual student's needs based on how he/she is performing. Use the links provided on the First Grade webpage to access these sites.

## C.A.R.E.S

(Cooperation, Assertion, Responsibly, Empathy, and Self-Control)

First Graders have been learning and practicing C.A.R.E.S throughout the year.

The **I-message** is a strategy students have learned to be assertive, speaking up for themselves and others.

Practice the **I-message** with your child to try and help him/her problem solve with peers.

### I-Message

I feel \_\_\_\_\_ (say your feeling) when you \_\_\_\_\_ (describe the action) because \_\_\_\_\_ (say why the action connects to your

## Habitat Day

Thursday (4/25) and Friday (4/26)

Habitat Day is coming up! Every class is going to be spending some time outdoors either in our school gardens or at the pond on Habitat Days, and we need your help! Volunteers will either lead the students in a quick activity, help the students with planting or weeding, or train them on how to take care of the plants.

We know there are lots of you who garden out there--we'd love to have you share your expertise with our kids! Even if you don't have any gardening experience, don't worry--our fearless Habitat Days parent coordinators will be there to help train you.

This year we are looking for volunteers who can commit to spending at least an hour with us--if you can stay for longer, go ahead and sign up for more than one shift!

Sign up here:

[https://www.signupgenius.com/go/10COB4BA\\_FAA29A2FD0-habitat5](https://www.signupgenius.com/go/10COB4BA_FAA29A2FD0-habitat5)

Please email Ms. Lin at [stephanie.lin@apsva.us](mailto:stephanie.lin@apsva.us) if you have any questions.

From,  
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