



**What Is My Child Learning?**  
 Your child is learning how to report bullying to a caring adult.

**Why Is This Important?**  
 Caring adults who listen can help keep children safe from bullying.

**Ask your child: What should you do when bullying happens to you or to someone else?** *Second Step answer: Report it to a caring adult.*

**What should you do if you report bullying to someone who doesn't help make it stop?** *Second Step answer: Keep telling until I find someone who will listen and help make it stop.*

**Practice at Home**

Help your child practice reporting to you what happened at school each day. This will give your child practice in remembering details of what happened during the day, an important skill when it comes to reporting bullying. Have your child face you, keep his or her head up and shoulders back, and say in a strong, respectful voice, "I need to report my day."

**Ask your child:**

- **What happened?**
- **Who else was there?**
- **When did this happen?**
- **Where did it happen?**
- **Has it happened before?**

Repeat this practice throughout the week. Tell your child you want to hear both the good and bad things that happen.

**Activity**

Read the scenarios with your child. For each scenario, help your child write the number of the person the bullying could be reported to in the Number(s) box. You can use more than one person for each scenario.

**1.** School counselor   **2.** Parent   **3.** Playground supervisor   **4.** Teacher   **5.** Lunchroom supervisor

Scenarios	Number(s)
Someone tells you every day when you ask that you can't play tag with the others at recess.	
Someone pulls your hair every day on the bus.	
Someone always pokes you with a pencil in class.	
Someone keeps saying mean things about what you wear.	
Someone keeps saying she's going to twist your arm if you don't give her your milk at lunch.	

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)
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